

ROCHESTER'S WEEKLY WHAT-TO-DO GUIDE

WEEK OF APRIL 18-24, 2019

507

**NO TRACE:  
LEAVING A  
MARK ON  
ROCHESTER  
MUSIC**

**Make  
your own  
happiness  
playlist**

**Do right by the  
planet**



# THURS., FRI. & SAT.

SEE A COMPLETE AND UP-TO-DATE LIST OF EVENTS AT [POSTBULLETIN.COM/CALENDAR](http://POSTBULLETIN.COM/CALENDAR)

## THURSDAY, APRIL 18

**Art**  
**Scarves with Andrea**, 125 Elton Hills Dr. NW, Rochester, 7:30 p.m. 125 LIVE Member \$15 / Non-member \$20. Design three fun and easy scarves with a wide array of fancy yarns and threads in this class. There are a ton of artistic choices you can have with this project. All fees for this class are donated to 125 LIVE's artistic programming courtesy of the artist. 125livenw.org, 507-287-1404.

**Music**  
**Open Mic**, High Court Pub, 109 Parkway Ave. N., Lanesboro, 7:30 p.m. Come join us for an night of acoustic music, stories, poems, or other art forms. Open to all experience levels and instruments. 507-467-2762.

**Senior Chorus**, Lake City Area Arts Center, 220 E Chestnut St., Lake City, 1:00 p.m. No auditions needed. coleneuslowe@gmail.com.

## Sports and Recreation

**Stand-Up Comedy: Open Mic**, Gieco's Comedy Club, 2723 Commerce Dr. NW, Rochester, 7:30 p.m. Free. Each week a selected list of up-and-coming performers takes the stage. info@giecosmood.com.

**The 24th Annual Rochester International Film Festival 2019!**, Marcus Wehrenberg Theatres, 4340 Maine Ave. S., Rochester. Purchase tickets online. April 12-20 at the Marcus Wehrenberg Theatres! Film times, descriptions and ticket information at [rifg.org](http://rifg.org). 507-254-5463.

## Food and Drink

**RNC Lunch Bunch**, Newt's, 5231 E Frontage Rd., Hwy 52, Rochester, 11:30 a.m. Join Rochester Newcomers Connection for lunch! This month we are at Newt's for great food and friendly conversation. rochesternewcomersconnection.com, 616-204-1013.

## Community

**Improv Jam**, Rochester Public Library, 101 2nd St. SE, Rochester, 7:00 p.m. Join a group of intermediate to advanced improv actors as we develop improv skills through games and exercises.

**Free English (ESL) Classes**, Trinity Presbyterian Church, 2577 Schaeffer Lane NE, Rochester, 7:00 p.m. Free. English as a Second Language (ESL) classes, Thursday evenings 7:00 - 8:30 p.m. The emphasis is on conversation. Free preschool child care is provided. Begins Oct. 4. trinityrochester.org, 507-316-7902.

**Italian Conversation Group**, Rochester Public Library, 101 2nd St. SE, Rochester, 5:30 p.m. Practice your Italian conversation skills and your Italian language learners. Best for speakers at an intermediate level.

**g club**, Rochester Public Library, 101 2nd St. SE, Rochester, 4:00 p.m. A safe and welcoming meet-up for LGBTQIA teens and allies ages 13-18 hang out, make friends and have fun at this club just for you.

**English Conversation Group**, Rochester Public Library, 101 2nd St. SE, Rochester, 1:00 p.m. Practice your English skills through conversation with native English speakers. Offering writing review as well. Open to adult, non-native English speakers.

**Baby Time**, Rochester Public Library, 101 2nd St. SE, Rochester, 10:00 a.m. Bring in your baby for rhymes, songs and stories just right for the little ones (birth to 18 months).

**Toddler Time**, Rochester Public Library, 101 2nd St. SE, Rochester, 10:30 a.m. Special stories and songs for active toddlers (ages 18 months to 3 years).

**Toddler Time**, Rochester Public Library, 101 2nd St. SE, Rochester, 11:00 a.m. Special stories and songs for active toddlers (ages 18 months to 3 years).

**Rochester Garden and Flower Club Presents: Foraging in Local Woods**, Rochester Community and Technical College Heintz Center Room H8108, 1926 Collegeview Rd. SE, Rochester, 6:30 p.m. Presenter Lauren Hughes grew up in Rochester, helping her parents collect seeds in rural Minnesota ditches to restore a large grass pasture to native prairie savanna. Now a librarian working at the Rochester Public Library, Lauren has access to a wide range of resources on the subject. She enjoys nothing more than foraging for wild-grown foods, basket-weaving materials, and sharing her passion with others. This program will be an introduction to some of the native plants that can be foraged or even planted in your very own gardens. From food to basketry materials, this presentation aims to open every gardener's eyes to the wealth of the plants around them. [rifg.org](http://rifg.org), 507-269-1091.

**Senior Health Insurance**, 125 LIVE Center for Active Adults, 125 Elton Hills Dr. NW, Rochester, 10:00 a.m. and 6:00 p.m. If you are turning 65 or retiring, you will have many options for health insurance which coordinate with Medicare. Come learn about different plans, specific benefits and how they differ from provider to provider as well as different prescription drug plans, drug tiers and copays. Leave this class with the knowledge you need to make the best insurance choices. Free and open to the public. Registration requested. 125livenw.org, 507-287-1404.

**Just Drive**, Rochester Public Library, 101 2nd St. SE, Rochester, 6:00 p.m. 94 percent of crashes are caused by driver error and therefore most are preventable. Drivers talking on phones - hand held or hands-free - miss seeing up to half of what is around them. How other drivers, pedestrians, and bicyclists. Come learn more about distracted driving and its local impact. Use a distracted driving simulator to experience distracted driving in a safe, controlled environment.

**Mayo Clinic Speaker Series - The truth about eating disorders and the impact on all ages**, Madonna Towers of Rochester, 4001 19th Ave. NW, Rochester, 3:30 p.m. Jocelyn R. Lebow, PhD, LP, is a Senior Associate Consultant in the Department of Psychiatry and Psychology. She specializes in child and adolescent eating disorders and her research focuses on developing innovative prevention programs for child and adolescent mental health concerns. madonnamainlivingcommunity.org, 507-289-9911.

## FRIDAY, APRIL 19

**Opening Reception: Driffliss / Distress Cycle**, Rochester Art Center, 40 Civic Center Dr. SE, Rochester, 6:00 p.m. Two exhibits, four artists, one amazing reception! Join your friends at the Rochester Art Center for a joint opening reception for Driffliss by artist Alessandra Suija and Distress Cycle by artist Jon Allen in collaboration with Heather Acerno and Eric Tam. Driffliss is a series of diptychs exploring how transient artist Alessandra Suija responds to her new, permanent residence at Winona MN. Distress Cycle is an audio-visual commentary on the ways in which we present ourselves to others, how we are perceived, and how this exchange can alter our sense of self. The work is the result of three artists collaborating through different media with illustration, textiles, and video in conversation with each other. Each component in the installation serves as a subjective perspective on a shared narrative which revolves around a dress as the central figure. 5072828269.

**Music**  
**Tonic Sol Fa returns to Zumbrota**, Zumbrota State Theatre, PO Box 181, Zumbrota, 7:30 p.m. \$20 in advance / \$22 at the door. Tonic Sol Fa returning with many new songs! Don't miss this opportunity to see Tonic Sol Fa in concert at the Zumbrota State Theatre. Dinner and Concert optional to 50 people. Make it a night with an exquisite buffet dinner offered by Blue Dog Catering. Included in the dinner is limited and an alcoholic beverage. The event will be held from 5:30-7:00 pm at 316 S. Main (one block from the Theater). Enter the lower level from the back.

of the building. Any questions, call Roxanne at 507-273-8634.

**Tim Dallman**, Canadian Honker, 1203 2nd St. SW, Rochester, 7:00 p.m. Performing acoustic rock pop live.

**Free Jam**, Peace United Church of Christ, 1500 Second Ave. NE, Rochester, 6:30 p.m. Bluesgrass, country, old-time music. All acoustic. Beginner to advanced players welcome.

## Sports and Recreation

**The 24th Annual Rochester International Film Festival 2019!**, Marcus Wehrenberg Theatres, 4340 Maine Ave. S., Rochester. Purchase tickets online. April 12-20 at the Marcus Wehrenberg Theatres! Film times, descriptions and ticket information at [rifg.org](http://rifg.org). 507-254-5463.

## Food and Drink

**Fish Fry Fridays**, Lake City Sportsman Club, 2200 South Oak St., Lake City, 5:30 p.m. Adults \$12, Children 10 and under \$7. Call in take outs \$13. Complete dinner with batter-fried cod, sides, and dessert, and coffee or milk. 5:30 p.m. to 8:00 p.m. or until gone. lakecitymym.com, 651-945-2080.

## Community

**What's Your Genre Homeschool Book Club**, Rochester Public Library, 101 2nd St. SE, Rochester, 1:30 p.m. What's Your Genre? is a homeschooling book club for ages 18 and above that meets once a month throughout the school year. We welcome you to join us for book discussion and activities.

**Bookworms Homeschool Book Club**, Rochester Public Library, 101 2nd St. SE, Rochester, 1:30 p.m. Bookworms is a homeschooling book club for ages nine and under that meets once a month throughout the school year. We welcome you to join us for book discussion and activities.

**Free Day of Coworking, Collide Coworking**, 14 4th St. SW 51E 203, Rochester, 8:00 a.m. Join us for our monthly Free Day of Coworking at Collide Coworking. Stop by for an hour or the entire day and get to know our space and amazing community of coworkers. Stick around from 4:00 p.m. - 6:00 p.m. for our weekly happy hour at the Blue Duck Kitchen. 507-993-1918.

## SATURDAY, APRIL 20

**Music**  
**Becky Schlegel**, Canadian Honker, 1203 2nd St. SW, Rochester, 7:00 p.m. Performing classic country live.

## Sports and Recreation

**The 24th Annual Rochester International Film Festival 2019!**, Marcus Wehrenberg Theatres, 4340 Maine Ave. S., Rochester. Purchase tickets online. April 12-20 at the Marcus Wehrenberg Theatres! Film times, descriptions and ticket information at [rifg.org](http://rifg.org). 507-254-5463.

## Community

**Community Drum Circle**, Healing Rhythms Music Therapy, 3270 19th St. NW #101, Rochester, 7:00 p.m. \$10. Join us for an evening of rhythms and music making with percussion instruments, facilitated by a board-certified music therapist & Health Rhythms facilitator. People who have attended our drum circles in the past describe this as a fun, uplifting, stress-reducing and energizing time with music. Don't worry - no previous experience is necessary and all instruments are provided. Come with an open heart and mind to experience the power of music and rhythm. If you intend to pay at the door, a paying online, you must RSVP via phone or email prior to the event. 507-236-7793.

**Rochester Public Schools Relay For Life**, Century Church, 2525 Viola Rd. NE, Rochester, 4:00 p.m. Join us for RPS Relay for Life! This event will feature music, games, a treasure hunt, silent auction, live sync battles, and fun for all ages! The luminaria ceremony at 8 p.m. will offer a chance to reflect on those we've fought cancer as we rally together for a cure.

**Easter Egg Hunt**, People of Hope, 3703 Country Club Rd. SW, Rochester, 10:00 a.m. Join us at People of Hope Lutheran Church for the Annual Community Easter Egg Hunt! This family-friendly



**BECKY SCHLEGEL**

Performing classic country live.

*If you go*

WHEN

7 p.m. Saturday, April 20

WHERE

Canadian Honker, 1203 2nd St. SW, Rochester

COST

Free.

**Are You Looking To Purchase a Home?**, Rochester Public Library, 101 2nd St. SE, Rochester, 3:00 p.m. We will explain everything you need to know to make the home-buying process easy and stress-free. Our goal is to give you enough information, so you feel confident as you make a home-buying decision.

**Transforming Families**, Rochester Public Library, 101 2nd St. SE, Rochester, 1:00 p.m. Transforming Families is a community where transgender, gender non-conforming, and questioning youth and their families come together to support each other in a safe, welcoming space. Families meet other families to share, talk, and hang out. We're here to listen to each other's stories, exchange resources, build community, and have fun!

**Hooray for Saturday: Family Dance Party**, Rochester Public Library, 101 2nd St. SE, Rochester, 10:30 a.m.

**Easter Egg Hunt**, People of Hope, 3703 Country Club Rd. SW, Rochester, 10:00 a.m. Join us at People of Hope Lutheran Church for the Annual Community Easter Egg Hunt! This family-friendly

event invites members of the community to come together to give children a fun, grand-scale egg hunt experience. Everyone is welcome to attend. The egg hunt will begin at 10 a.m. All children, ages preschool through sixth grade are invited to come search People of Hope's beautiful landscape for more than 6,000 eggs. The property will be sectioned into age-appropriate levels of difficulty for finding eggs. A peanut-free section will also be provided for children with a peanut allergy as well as a section for children with special accessibility needs. 507-280-9766.

**40/8 Easter Egg Hunt**, Quarry Hill Park, 9th St. NE, Rochester, 10:00 a.m. Sponsor is the 40/8. For children 10 and younger. Eggs and candy for the children. Look for the Box Car. 507-286-1960.

**Hop to the Movies at Marcus Theatres**, Marcus Rochester Cine - IMAX, 4340 Maine Ave. SE, Rochester, 5:00 a.m. \$9. Hop to select Marcus Theatres for a morning full of Easter celebrations! Beginning at 9 a.m., get your picture taken with the Easter bunny, plus enjoy coloring and craft stations. Then, at 9:30 a.m. participate in an Easter egg hunt prior to a 10 a.m. showing of "Peter Rabbit." Admission is just \$9 per person! Visit www.MarcusTheatres.com/Hop for a list of participating local theatres and to purchase your tickets. 414-905-1136.

## SUNDAY, APRIL 21

### Food and Drink

**20th Annual Free Community Easter Dinner**, Christ Episcopal Church, 301 NW 3rd Ave., Austin, 12:00 p.m. Christ Episcopal Church will be hosting a free ham dinner. Serving will be 12:00-1:00 p.m. For registration, please call the church office at 433-7882 and leave the number of people attending. 507-433-7882.

### Community

**Mystery Book Club**, Rochester Public Library, 101 2nd St. SE, Rochester, 1:00 p.m. Join us for a monthly discussion mystery novel! Each month we read a mystery of your choice on a shared theme. This month the group will be discussing a novel by Elizabeth Peters.

**RCTC Learning Is Forever (LIFE) Program presents Plato's Early Dialogues: Meno**, RCTC Heintz Center Rm. H8145 (H8112), 1926 College View Dr. SE, Rochester, 1:00 p.m. Member Fee: \$9. Non-member Fee: \$15. Meno: How is knowledge possible, anyway? [learningsforever.net](http://learningsforever.net), 507-280-3157.

**Toastmaster's**, Rochester Break of Day, Dan Abraham Healthy Living Center, Room 124, 50 1st St. SW, Rochester, 7:00 a.m. Join us every Wednesday morning. An open meeting to check out Toastmasters, a group to improve public speaking skills. We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth. 8693.toastmastersclubs.org, 507-259-2382.

**Rochester Meditation Center**, Assisi Heights Spirituality Center, 1001 14th St. NW, Rochester, 8:00 a.m. Rochester Meditation Center is now meeting Sunday mornings from 8 to 9:30 a.m. at Assisi Heights. Starting with a half-hour silent meditation, we are currently discussing "The Inexhaustible" by Gil Fronsdal. Now is a great time to drop in, no prep necessary! 507-358-5931.

## MONDAY, APRIL 22

### Art

**Teenscape Mondays**, Rochester Public Library, 101 2nd St. SE, Rochester, 4:00 p.m. Play games, make a color, build a puzzle something different to happening every Monday!

### Music

**Wanted! Men Who Like to Sing**, Masonic Center lower level, 2002 2nd St. SW, Rochester, 7:00 p.m. Rochester Barbershop Chorus meets Monday evenings. Walk-ins welcome. 507-244-0095.

**Honors Chops**, Lips Artium, Chardon Building, Mayo Clinic, Rochester, 12:00 p.m. Harmony for Mayo series. Noon to 1 p.m. Free.

### Food and Drink

**RNC Dinner Group**, Grand Rounds Brewing, 4 Third St. SW, Rochester, 6:00 p.m. Our Rochester Newcomers Connection Dinner is open to anyone and is family-friendly. Whether you are

## 40/8 EASTER EGG HUNT

Sponsor is the 40/8. For children 10 and younger. Eggs and candy for the children. Look for the Box Car.

*If you go*

WHEN

10 a.m. Saturday, April 20

WHERE

Quarry Hill Park, 9th St. NE, Rochester

COST

Free



new to Rochester or have been here a while and want to meet new people, you will enjoy this event. It's a great time to get together and share friendly conversations. rochesternewcomersconnection.com, 616-204-1813.

**Mystery Book Club**, Rochester Public Library, 101 2nd St. SE, Rochester, 1:00 p.m. Join us for a monthly discussion mystery novel! Each month we read a mystery of your choice on a shared theme. This month the group will be discussing a novel by Elizabeth Peters.

**RCTC Learning Is Forever (LIFE) Program presents Plato's Early Dialogues: Meno**, RCTC Heintz Center Rm. H8145 (H8112), 1926 College View Dr. SE, Rochester, 1:00 p.m. Member Fee: \$9. Non-member Fee: \$15. Meno: How is knowledge possible, anyway? [learningsforever.net](http://learningsforever.net), 507-280-3157.

**Altra Home Buying After Hours**, Altra Federal Credit Union, 3833 Cascade Creek Rd. NW, Rochester, 5:30 p.m. The event is set up as a social mixer where attendees can learn more about various types of loans such as VA, FHA, and conventional loans at their own leisure. There will also be a Realtor, appraiser, home inspector, builder, title company representative, and insurance representative who will provide helpful tips on home-buying and answer questions. [altra.org](http://altra.org), 608-779-3164.

**Social Media Basics**, 125 LIVE Center for Active Adults, 125 Elton Hills Dr. NW, Rochester, 11:00 a.m. 125 LIVE Member Free / Non-member \$10. Social media is a warm gathering place, allowing people of all generations to connect, communicate, and share mutual interests. Join us as we explore its benefits: stay connected with friends and family; share stories and photos; bridge the generation gap. We'll explore Facebook, Instagram, Pinterest, Twitter, and YouTube. Presented by Cheryl Thell. Call 507-287-1404 to register today.

**RCTC Learning Is Forever (LIFE) Program presents Scandals of the American Presidents**, RCTC Heintz Center Rm. H1100 (H8117), 1926 College View Dr. SE, Rochester, 10:00 a.m. Member Fee: \$10. Non-member Fee: \$20. We focus on some of the better and less-well-known scandals, and their impact on history. [learningsforever.net](http://learningsforever.net), 507-280-3157.

## TUESDAY, APRIL 23

### Community

**Let's Talk Movies**, Rochester Public Library, 101 2nd St. SE, Rochester, 7:00 p.m. Join this monthly film discussion group to meet others who love movies and discuss a wide variety of films. This month the group will discuss

**Moms Demand Action for Gun Sense in America**, Mount Olive Lutheran Church, 2830 18th Ave. NW, Rochester, 7:00 p.m. Much like Mothers Against Drunk Driving was created to reduce drunk driving, Moms Demand Action for Gun Sense in America was created to demand action from legislators, state and federal agencies, and educational institutions to establish common-sense gun reforms. [momsdemandaction.org](http://momsdemandaction.org), 507-289-1580.

**NAMI Connection Peer Support Group**, First Presbyterian Church, 101 6th Ave. NW, Kason, 7:00 p.m. A NAMI Connection peer support group for adults recovering from a mental illness meets in Kason. The free group is sponsored by NAMI Minnesota (National Alliance on Mental Illness). Trained facilitators who are also in recovery lead NAMI Connection. The group meets from 7 p.m. to 8:30 p.m. on Tuesdays. For more information,

contact Karen at 507-316-0968 or NAMI SE at 507-287-1692.

**Teen Titans Go! to the Library**, Rochester Public Library, 101 2nd St. SE, Rochester, 6:30 p.m. Go to the library for Teen Titans Go!-themed fun and activities. Music stuff and making stuff and silly stuff. Feel free to dress as your favorite Teen Titan! Go! Go!

**RCTC Learning Is Forever (LIFE) Program presents Laura Ingalls Wilder - "The Road to the Little House"**, RCTC Heintz Center Rm. H1100 (H8117), 1926 College View Dr. SE, Rochester, 6:30 p.m. Member Fee: \$10. Non-member Fee: \$15. In this presentation you will meet Mrs. Wilder, older, wiser and reflecting back on her life. [learningsforever.net](http://learningsforever.net), 507-280-3157.

**Movies at the Paramount - Singing in the Rain**, Historic Paramount Theatre, 125 4th Ave. NE, Austin, 7:30 p.m. \$5 for a great time at the movies! Purchase tickets at concession stand or advance ticket sales. To request your favorite flick for future showings, email [info@autintheatre.org](mailto:info@autintheatre.org). For more information, call 507-434-0934.

### Food and Drink

**April Vegan Potluck hosted by WIGOR**, Rochester Area Foundation, 12 Elton Hills Dr. NW, Rochester, 6:30 p.m. Come join us for our monthly plant-based potluck! Please bring a vegan dish (no meat, dairy, eggs, or honey) to share, as well as your own place setting and a drink. September - April potlucks are held indoors at the Rochester Area Foundation on the last Wednesday of each month. May - August, we move outside to Quarry Hill Nature Center. [wigor.org/events/516](http://wigor.org/events/516), 507-269-3948.

### Community

**Spanish Conversation Group**, Rochester Public Library, 101 2nd St. SE, Rochester, 7:00 p.m. Practice your Spanish language skills, no matter your level of fluency.

**Film: Code Blue**, Rochester Public Library, 101 2nd St. SE, Rochester, 5:30 p.m. This film explores the links between the food industry and prevalent diseases. It proposes lifestyle medicine to combat illness. Healthy food samples and a simple cooking demonstration will be offered prior to the movie.

**Drop in for Career Counseling**, Rochester Public Library, 101 2nd St. SE, Rochester, 5:30 p.m. Need help with application? Resume? Job Search? A career counselor will be available for one-on-one assistance with employment issues.

**NAMI Connection Peer Support Group**, Next Step Clubhouse, 216 S Washington Ave. Ste. 2, Albert Lea, 5:00 p.m. A NAMI Connection peer support group for adults recovering from

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# BEYOND

## Winona Daily News

[https://www.winonadailynews.com/news/local/semac-awards-arts-grants-to-local-groups/article\\_90d15f82-c1f5-53a0-b774-d2143bfda757.html](https://www.winonadailynews.com/news/local/semac-awards-arts-grants-to-local-groups/article_90d15f82-c1f5-53a0-b774-d2143bfda757.html)

### **SEMAC awards arts grants to local groups**

Mar 22, 2018

TRY 3 MONTHS FOR \$3

On March 20, the Board of Directors of the Southeastern Minnesota Arts Council (SEMAC) awarded 29 grants for a total of \$101,419 in funding to applicants throughout southeastern Minnesota. This included sixteen Individual Artist grants for \$62,210, five School Residency grants to public schools for \$14,500, and six General Operating Support grants to arts organizations for \$24,000.

SEMAC is the State Arts Board-designated granting authority for local/regional arts producing and sponsoring organizations and disburses funds allocated for this purpose by the Minnesota State Legislature. The SEMAC region includes the counties of Dodge, Fillmore, Freeborn, Goodhue, Houston, Mower, Olmsted, Rice, Steele, Wabasha, and Winona.

The Winona Count grant recipients are:



Subscribe: Only 33 cents a day

This event has passed

## Opening Reception: Driftless / Distress Cycle

🕒 This event occurred on Friday, April 19th, 2019 @ 6:00 pm – 8:00 pm

📍 Rochester Art Center

🎫 Free

🔗 [https://www.facebook.com/events/628470380909619/?active\\_tab=about](https://www.facebook.com/events/628470380909619/?active_tab=about)



### Driftless Exhibition

RochesterArtCenter

Two exhibits, four artists, one amazing reception! Join your friends at the Rochester Art Center for a joint opening reception for Driftless by artist Alessandra Sulpy and Distress Cycle by artist Jon Allen in collaboration with Heather Acerro and Eric Tarr.

DRIFTLESS

DATES: 3/29 - 5/11



## DESCRIPTION:

Driftless is a series of diptychs exploring how transient artist Alessandra Sulpy responds to her new, permanent residence of Winona MN. Taking in all the area in and around Winona, Sulpy offers to viewers the area's alluring past and present in sometimes unusual ways; a house rots around a 55-ton boulder, glass-eyed exotic animals gaze out at bank patrons, classrooms hide equipment from courses not taught in decades. Sulpy is fascinated and charmed by these often bizarre local elements and relates her own experience of settling down in the town and community she has come to think of as home.

## ABOUT THE ARTIST:

Alessandra is a figurative artist and educator based in Winona, MN. She received her Bachelors in Fine Art from the Maryland Institute of Art and her Masters in Fine Art from Indiana University. She is currently Assistant Professor of Drawing and Painting at Winona State University. She has previously taught at University of North Carolina Charlotte, Indiana University South Bend, Winona State University, Edinboro University of Pennsylvania, and Southern Utah University. She lives with her fantastic husband, fat kitties, and a big house occupied by too much stuff.

## DISTRESS CYCLE

DATES: 4/12 - 5/18

## DESCRIPTION:

Distress Cycle is an audio-visual commentary on the ways in which we present ourselves to others, how we are perceived, and how this exchange can alter our sense of self . The work is the result of three artists collaborating through different media with illustration, textiles, and video in conversation with each other. Each component in the installation serves as a subjective perspective on a shared narrative which revolves around a dress as the central figure.

## ABOUT THE ARTIST(S):

Jon Allen was born in Cincinnati, OH. He moved from his home state to pursue a degree in Film Studies at the University of Kansas. While attending KU, Jon was able to study under film scholar and experimental filmmaker Dr. Edward S. Small - whose "direct theory" had a tremendous impact



on Jon's creative process. Jon's work has been shown in The Olive Gallery in Lawrence, KS, AS220 Project Space in Providence, RI, The Ragtag Theater in Columbia, MO, The Kansas City Film Festival, and Rochester Art Center. Jon proudly calls the Midwest home.

Heather Acerro was born in Ventura, CA at a time when peas and carrots shag carpeting was all the rage. She graduated magna cum laude from San Francisco State University earning a degree in Drama with an emphasis in Costume Design. She has designed or assisted with shows in Ventura, CA; Ojai, CA; Oakland, CA; San Francisco, CA; and Leysin, Switzerland. She recently picked up embroidery and has shown work at: Altered Esthetics in Minneapolis, MN; San Francisco School of Needlework and Design in San Francisco, CA; Reserve and Renew Mental Health Zine; Café Steam in Rochester, MN; and this will be her third time at Rochester Art Center. She lives in a 100-year-old bungalow influenced house on what was once Orange Street in Rochester. Find her on Instagram @heddastitches

Eric Tarr was born in the Midwest, and recently moved a bit more west, to nestle in the even more middle. He went to middle school, and beyond. He was middle of his class. He learned things and listens. He thinks about things. He makes things. With things and thinks that he has. And sometimes he even shows them to people. He likes people. He likes when people see things. He likes to surround himself with the people and the things that he likes. To be in the middle. It is a good place. The heart is in the middle.

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## Past dates

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- Fri, Apr 19 @ 6:00 pm

 [Download schedule](#)

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## Schedules

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- Occurred Friday, April 19th, 2019 @ 6:00 pm – 8:00 pm

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## Venue

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### Rochester Art Center

40 Civic Center Dr. SE  
Rochester, MN 55904



## Events

- Events
- Calendar 3
- Birthdays
- Discover
- Hosting

[Create Event](#)

**APR 19** **Opening Reception: Driftless / Distress Cycle**

Public · Hosted by Rochester Art Center

Going

Friday, April 19, 2019 at 6 PM – 8 PM  
2 days ago

Rochester Art Center  
40 Civic Center Drive Southeast, Rochester, Minnesota 55904

[Show Map](#)[About](#)[Discussion](#)

40 Went · 99 Interested

[See All](#)

Simon, Chel and 4 other friends went

### Details

Two exhibits, four artists, one amazing reception! Join your friends at the Rochester Art Center for a joint opening reception for Driftless by artist Alessandra Sulpy and Distress Cycle by artist Jon Allen in collaboration with Heather Acerro and Eric Tarr.

DRIFTLESS

DATES: 3/29 - 5/11

DESCRIPTION:

Driftless is a series of diptychs exploring how transient artist Alessandra Sulpy responds to her new, permanent residence of Winona MN. Taking in all the area in and around Winona. Sulpy offers to viewers the area's

[See More](#)

Party [Nightlife](#)

### Recent Post



**The Rochester Posse** — See you Friday Posse!

April 16, 2019 at 2:10 PM

### Related Events

[See More](#)

**Mark Mallman Book Release ...**

Tomorrow at Canvas & Chardo...  
Simon Huelsbeck is going  
Interested · Going



**Dreamspook // Ivory James /...**

Tue, May 21 at Canvas & Char...  
69 guests  
Interested · Going



**Chateau Theatre Proposals ...**

Thursday at City of Rochester,...  
107 guests  
Interested · Going



**Humbird // Heather Jerdee //...**

Tue, May 14 at Canvas & Char...  
295 guests  
Interested · Going



**Topo and the Chemist // Bra...**

Tue, Apr 30 at Canvas & Chard...  
194 guests  
Interested · Going



**Cold Sweat and Friends // La...**

Tue, Jun 4 at Canvas & Chard...  
98 guests  
Interested · Going

English (US) · Español · Português (Brasil) · Français (France) · Deutsch

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Chat (22)



## Events

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### About Rochester Art Center



#### Rochester Art Center

Art Museum · Rochester, Minnesota

A cultural center for innovation and creativity through contemporary art.



1 post in the discussion

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### Related Events

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#### Mark Mallman Book Release ...

Tomorrow at Canvas & Chardo...

Simon Huelsbeck is going

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#### Dreamspook // Ivory James /...

Tue, May 21 at Canvas & Char...

69 guests

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#### Chateau Theatre Proposals ...

Thursday at City of Rochester,...

107 guests

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#### Humbird // Heather Jerdee //...

Tue, May 14 at Canvas & Char...

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#### Topo and the Chemist // Bra...

Tue, Apr 30 at Canvas & Chard...

194 guests

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#### Cold Sweat and Friends // La...

Tue, Jun 4 at Canvas & Chard...

98 guests

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Chat (22)

# Art News Rochester MN

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### Shortcuts

Alessandra Sulpy 20+

Stuff for Sale In Wi... 20+

Earth Day Buddha Bowls



Pending More

### RECENT ACTIVITY



**Rosei Skipper** shared an event.

April 20 at 11:54 AM

City Council meetings are more fun when friends go together! This one on Thursday is really special because the three groups with chateau proposals are making their final presentations. Let's pack the house and show our support for making this space awesome and usable again, whichever proposal is picked.



THU, APR 25 AT 5 PM

### Chateau Theatre Proposals at City Council

City of Rochester, MN Government · Rochester

Art

13

Like

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### OLDER



**Tara Freimund** shared a link.

April 19 at 12:21 PM

### DESCRIPTION

A place to share news, opportunities, and events for art and art... [See More](#)

### GROUP TYPE

Events and Plans

### LOCATION



Rochester, Minnesota

### BRING PEOPLE TOGETHER

Groups are separate spaces where you can share photos and make plans with just the people you want.



Create a Group

### RECENT GROUP PHOTOS

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Jewelers Helping Jewelers

16,161 m

Chat (21)

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## Shortcuts

Alessandra Sulpy 20+

Stuff for Sale In Wi... 20+

Earth Day Buddha Bowls



THEPETITIONSITE.COM

### Misha needs your help: Keep the Chateau Theatre locally run and operated!

Like

Share



**Amy Garretson**

April 19 at 11:31 AM

Tonight! You're invited to a free reception at the Rochester Art Center! We'll be celebrating "Distress Cycle" by Jon Allen w Heather Acerro & Eric Tarr and "Driftless" by Alessandra Sulpy. 6 - 8 pm.



+2

You, Chris Rackley, Eric Tarr and 16 others

Like

Share



**Cassandra Buck** shared a post.

April 16 at 7:40 PM

3 spots left for this class 😊 Local Creators Night at Forager



**Gallery 24**

April 16 at 7:23 PM

Like Page

Artisan Sally Anderson Caron Little Flicka Handmades by Sally Anderson Caron will be teaching this jewelry making class next tues Forager Brewery! There are only 3 spots left so dont miss out! <https://www.eventbrite.com/e/handcrafted-bead-and-silver-earrings>



**Purrtacular**

160,682 members

Join



**House Plant Hobbyist**

223,477 members

Join



**Real Life in Chaska**

6,302 members

Join



**You know you are from Austin**

Minnesota when.....

7,607 members

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Chat (21)

# Experience Rochester

The screenshot shows a Chrome browser window with the URL <https://www.experiencerochestermn.com/event/alessandra-sulpy-%7C-driftless/45120/>. The browser's address bar and tabs are visible at the top. The website header features the 'MINNESOTA'S ROCHESTER' logo on the left and navigation links for 'MEET IN ROCHESTER', 'SPORTS', 'BLOG', and 'MEDIA' in the center. A weather widget shows 55°F and a 'SEARCH' button is on the right. Below the header, a secondary navigation bar includes 'PLACES TO STAY', 'THINGS TO DO', 'RESTAURANTS', 'PLANNING TOOLS', and 'VISITING MAYO CLINIC'. The main content area has a white background with the text 'Experience Rochester' in red and a yellow 'SHARE' button. Below this is a large teal banner for the event 'ALESSANDRA SULPY | DRIFTLESS'. The banner text includes: 'Presented By: Rochester Art Center', 'Dates: March 29, 2019 - May 11, 2019', 'Recurrence: Recurring weekly on Tuesday, Wednesday, Thursday, Friday, Saturday', and 'Location: Rochester Art Center'. To the right of the text is a photograph of a group of people in an art studio, with one person pointing at a painting on an easel.

Chrome File Edit View History Bookmarks People Window Help

66% Mon 8:58 AM

https://www.experiencerochestermn.com/event/alessandra-sulpy-%7C-driftless/45120/

visit website | 

 VIEW GALLERY

 Details -

Driftless is a series of diptychs exploring how transient artist Alessandra Sulpy responds to her new, permanent residence of Winona MN. Taking in all the area in and around Winona, Sulpy offers to viewers the area's alluring past and present in sometimes unusual ways; a house rots around a 55-ton boulder, glass-eyed exotic animals gaze out at bank patrons, classrooms hide equipment from courses not taught in decades. Sulpy is



hide equipment from courses not taught in decades. Sulpy is fascinated and charmed by these often bizarre local elements and relates her own experience of settling down in the town and community she has come to think of as home.



LET'S *Connect* »

[!\[\]\(7c665e9ac19f79a37c36fe05c1b6d9d3\_img.jpg\)](#) [!\[\]\(2c37f7990f4aa1100423d32820f4452f\_img.jpg\)](#) [!\[\]\(6c737a86c1d6843db71a85778158712d\_img.jpg\)](#) [!\[\]\(3f91bd6024b7cae0f6f1231e503b901a\_img.jpg\)](#) [!\[\]\(6863bd10ae8c53b4b4e18ddb3baa0dcd\_img.jpg\)](#)

 30 Civic Center Drive SE

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   DMC  
A Global Destination for Health & Healing

# Chris Rackley's Facebook

The screenshot shows a Facebook video post by Chris Rackley. The video content is a painting of a vintage television set with a dark, abstract image on its screen. The painting is set against a light-colored wall with a power outlet and a cord visible on the left. The post includes the following details:

- Author:** Chris Rackley
- Engagement:** 7 reactions (likes and loves)
- Views:** 39 Views
- Location/Context:** on Thursday · Rochester ·
- Caption:** Magical paintings by Alessandra Sulpy ( @alessandrasulpy ) on view at the @rochartcenter , March 29 to May 11, 2019, curated by Sheila Dickinson ( @sheila.dickinson ). #alessand
- URL:** www.facebook.com/chrackley/videos/10156428633168759/

On the right side of the post, there are sections for "How Friends Reacted" (Simon Huelsbeck liked this video) and "Up Next" recommendations, including:

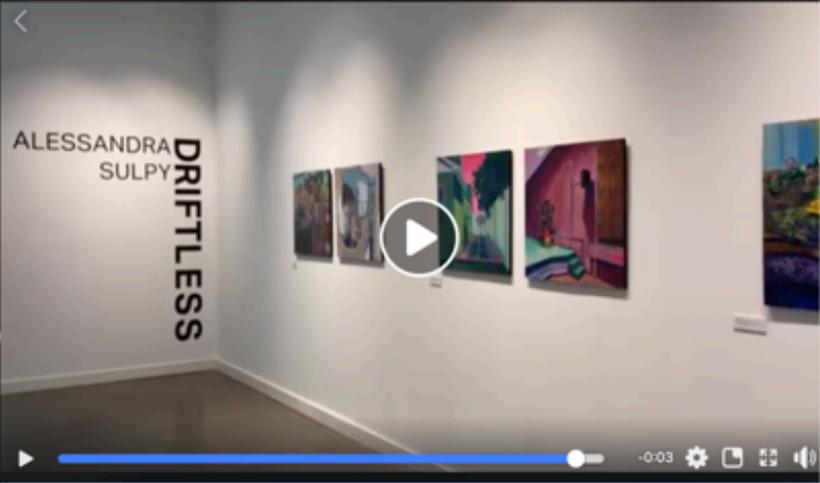
- Collaborative project by Jon Allen (@bachnor ),... (131 Views)
- I meant to get more documentation of the show than this. Instea... (58 Views)
- Made this digital model back in May 2018 for a... (124 Views)
- Another digital model I made back in... (Views not specified)

The browser interface at the top shows the Chrome browser with the URL: https://www.facebook.com/chrackley/videos/10156517951493759/?ref=pb&\_tn\_=%2Cd-a-R&eid=ARBTf0eo1UZgyGFhMwiQLMyq...

Chrome File Edit View History Bookmarks People Window Help

https://www.facebook.com/chrackley/videos/10156517951493759/?ref=pb&\_tn\_=%2Cd-a-R&eid=ARBTf0eo1UZgyGFhMwiQLMyq...

Search Alessandra Home Create



ALESSANDRA  
SULPY  
DRIFTLESS

Chris Rackley

Like Comment Share

7

39 Views · on Thursday · Rochester ·

www.facebook.com/chrackley/videos/10156425646218759/

Chat (32)

### How Friends Reacted

Simon Huelsbeck liked this video.

### Up Next

- Collaborative project by Jon Allen (@bachnor ),...  
Chris Rackley  
131 Views  
0:58
- I meant to get more documentation of the show than this. Instea...  
Chris Rackley  
58 Views  
0:59
- Made this digital model back in May 2018 for a...  
Chris Rackley  
124 Views  
0:50
- Another digital model I made back in...  
Chris Rackley

Write a comment...

# Sulpy's Instagram



alessandrasulpy



alessandrasulpy Falsities Diptych, WIP

20w



holleah93 Happy to see you painting!!!



19w Reply

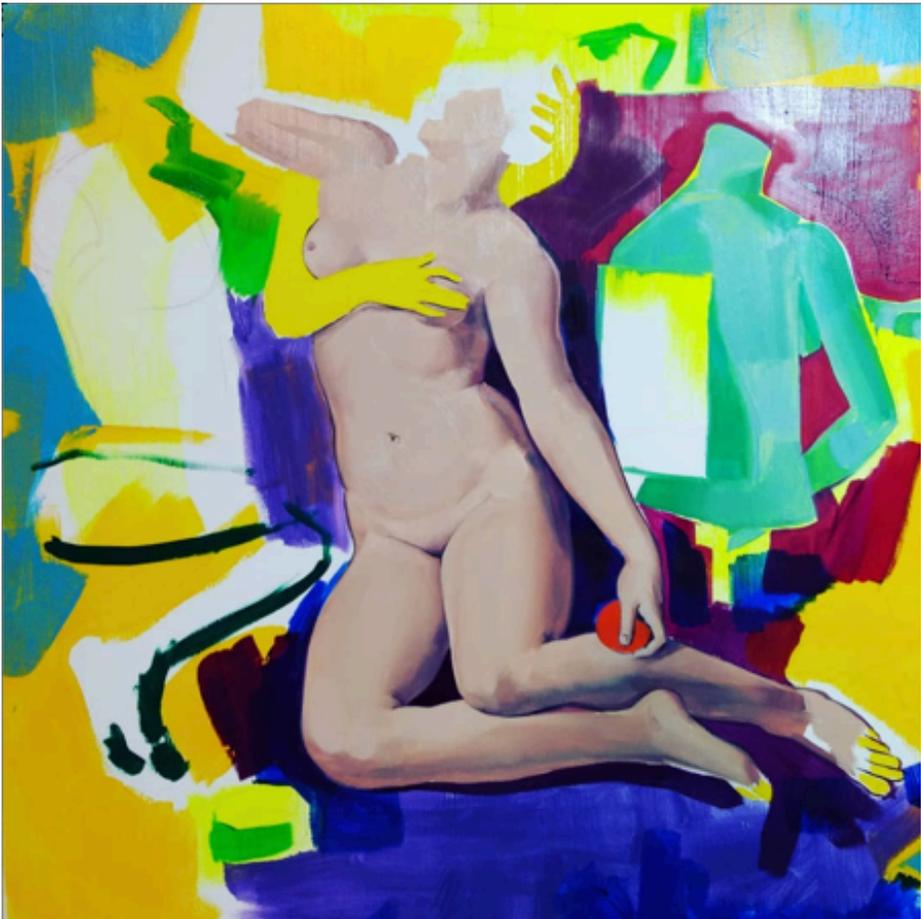


Liked by ferreous and 19 others

JANUARY 15

Add a comment...

Post



 **alessandrasulpy** ...

 **alessandrasulpy** WiP  
22w

 **eh.tomb** I love this already ♡  
22w 1 like Reply

 **katie\_neece** 💜🔥😍 ♡  
22w Reply

 Liked by rothrockristin and 19 others  
DECEMBER 31, 2018

Add a comment... Post



am.com/p/1944517528915474946/



alessandrasulpy



alessandrasulpy Prep for new painting...

22w



Liked by ferreous and 10 others

DECEMBER 29, 2018

Add a comment...

Post

**Bio**

Alessandra Sulpy is a figurative artist and educator based in Winona, MN. She attended MICA for her BFA and Indiana University for her MFA, and is currently Assistant Professor of Drawing and Painting at Winona State University. She has previously taught at University of North Carolina Charlotte, Indiana University South Bend, Winona State University, Edinboro University of Pennsylvania, and Southern Utah University. She lives with her fantastic husband, fat kitties, and a big house occupied by too much stuff. You can view more of her work at [www.alessandrasulpy.com](http://www.alessandrasulpy.com).

*This activity is made possible by the voters of Minnesota through a grant from the Southeastern Minnesota Arts Council thanks to a legislative appropriation from the arts & culture heritage fund. Many, many thanks to SEMAC and their wonderful staff, to the RAC and Niki Havekost's incredible patience, and to Winona State and my colleagues who understood when I would go incommunicado while in my studio.*

# ALESSANDRA SULPY

# DRIFTLESS



**March 30 - May 11, 2019**  
**Opening Reception | April 19**

Driftless is a series of diptychs exploring how transient artist Alessandra Sulpy responds to her new, permanent residence of Winona MN. Taking in all the area in and around Winona, Sulpy offers to viewers the area's alluring past and present in sometimes unusual ways; a house rots around a 55-ton boulder, glass-eyed exotic animals gaze out at bank patrons, classrooms hide equipment from courses not taught in decades. Sulpy is fascinated and charmed by these often bizarre local elements and relates her own experience of settling down in the town and community she has come to think of as home.

ROCHESTER **ART** CENTER

**ROOTED**  
Southeastern Minnesota Exhibition Program

## List of Works

### Uncertainty

Left panel: *Scene From the Winona Mall*

Right panel: *Should We Stay or Should We Go?*

The decision to move to MN was not an easy one, as it meant resigning from a wonderful job in Charlotte, NC. Sean and I agonized for months over where our future belonged. Soon after we moved back we visited the Winona Mall, where inside I noticed an unused corner of the mall. Here, haphazard and mismatched chairs had been shoved into a space behind several indoor trees, creating a somewhat bizarre scene of disarray. Both the mall trees and the leaves on the right panel attempt to hide the turmoil behind them, but fail to do much more than add to the confusion. Much like this scene at the mall, the painting of Sean and I deciding our future is a

### Old/New School

Left panel: *Derelict Darkroom (30 Years Abandoned)*

Right panel: *Sarah's 'Home' Critique*

I teach Drawing and Painting at Winona State University, and it has served as a heavy source of inspiration for this series. In many ways, my building is stuck in the past; the aforementioned blinking phone box, cabinets filled with student artwork older than I am, and the scene from the left panel - a preserved darkroom, clips and drying racks intact, for a photography class we haven't taught in decades. I love these aspects of my department's past, but I'm not nostalgic for them. The right panel shows 10 of my superb painting students engaged in a critique about - gloriously - a student's series about Home.



### This Old House

Left panel: *A House Rots Around a 55-Ton Boulder*

Right panel: *Fixer Upper*

In 1995, a massive boulder broke off a bluff and rolled into a house in nearby Fountain City, WI. Since that time the rock has sat in the bedroom, exposed to the elements, and the abandoned house has become a tourist attraction. Handwritten, yellowed signs are placed around the kitchen and living room, which is both a delightfully home-grown museum and a gruesomely deteriorating shrine. It is one of my favorite things about this area. On the other hand, last year Sean and I bought an abandoned 140 year old house in desperate need of fixing up. While one house rots away, our house slowly becomes whole again.

### Facsimiles

Left panel: *Bluff Country Landscape (in 1:87 scale)*

Right panel: *An Allegory of An Allegory With Venus and Cupid*

Much can, and should, be said about the natural beauty of Winona. Between the bluffs, lakes, and Mississippi River, it is a paradise in the summer. However, I am myself very much an 'indoors' person, and reluctantly admit that I admire the landscape largely through car glass and on bar patios. It seemed best, therefore, to honor my local landscape through a scale model of the bluffs found in the Winona County History Center. I am fascinated by replicas and simulacrum, and have chosen to represent how much my teaching career is part of my life through a still life constructed with items found in my school's drawing room. Here Bronzino's *Allegory With Venus and Cupid* further becomes an impersonation of the painting through the superimposed image of Venus.

### Ferns Redux

Left panel: *Back of the Mexican Joint (Fake Tree)*

Right panel: *PAC Stage Fern (Real Tree)*

A couple years ago, I did a series of paintings called "Bland Intruders". This series showcased fake trees and plants (all called 'ferns' by my ignorant self) stuck in corners of ugly or dull spaces as to not draw attention to the area behind them. I still love the idea of a bland, dusty tree "beautifying" an unattractive place, and I still delight when I find a real 'fern moment'. Here, the back of a favorite local restaurant hides a strangely paved space for a fake tree, while a stage at school hides a real tree just out of the spotlight. I've painted these with complementary colors to play up the amusing juxtaposition of a real tree held indoors and a fake one outdoors.



### Hidden Opulence

Left panel: *Banking Exotica*

Right panel: *I'm Here*

Winona once held the most millionaires per capita in the United States, and is rife with evidence of its gorgeous and lavish past. However, much of it is hidden behind doors, both closed and open to the public. I was surprised to learn the Winona National Bank had rooms filled with exotic animals shot on safari a century ago. This 'unseen' animal collection influenced this painting, which is in itself hidden from view by the reflections of more animals (and a 'fern'). As the last painting in this series, I brought myself back into the conversation. Like the animals, I am somewhat hidden, but unlike the "Uncertainty" self portrait, I am more confident in where I belong.

Photos of the exhibition (thanks to RAC)













# Student Project

## Painting II / Advanced Painting and Drawing “Home”

This is a project everyone will work on, regardless of which class you are in. For this project, I will be asking you to complete two pieces (a diptych) that you will display together. Size (minimum 8x8”), material, and (largely) subject matter is up to you! Work from life or photographs; try not to work too much from imagination, rather change things from the references you choose.

### Dates:

**Week 1 Feb 27** : Intro, sketches and references by Monday. Begin working asap!

**Week 2 March 4+6**: Working both in and out of class

**Week 3 March 11-15**: Spring break!

**Week 4 March 18+20**: both pieces due on 3/20 for class critique

For those of you working on a select senior show, you may work on this piece after your show.

### Piece 1: Place/Home.

Think of a place where you feel comfortable or belong. This can be literally home (your apartment or where you grew up), or a place that is personally important to you (for example, a tennis court, your weekly hangout, a place you work), or this can be more esoteric (something that feels very integral to the place that is ‘home’... ice fishing huts, boulders crashed through houses, endless snow).

For instance, instead of ‘painting’ the outside of a building, think more specifically; for example, don’t paint Watkins Hall, paint your studio space. Delve deep! If you think “my bedroom!”, what is the most personally important part of that room? Is it a space? It is objects? Would you feel more comfortable moving objects/stuff around? If outside of your home, what part of your place are you drawn to most? Is there *an idea* that you are most drawn to rather than *a thing*? For example: you love the comfort and warmth of your best friend’s dorm. Instead of painting the dull interior of a concrete structure, find things about that space that exemplify the happiness and connection you feel there.

Remember, with this first painting, you can really choose any place where you feel like you belong. You may come from somewhere far from Minnesota, and it still feels strange to you; you don’t need to make your painting feel like Winona, but somewhere personal to you. Feel free to construct a place. You may represent people in this place if integral to your idea. Answer: **what feels like home?**

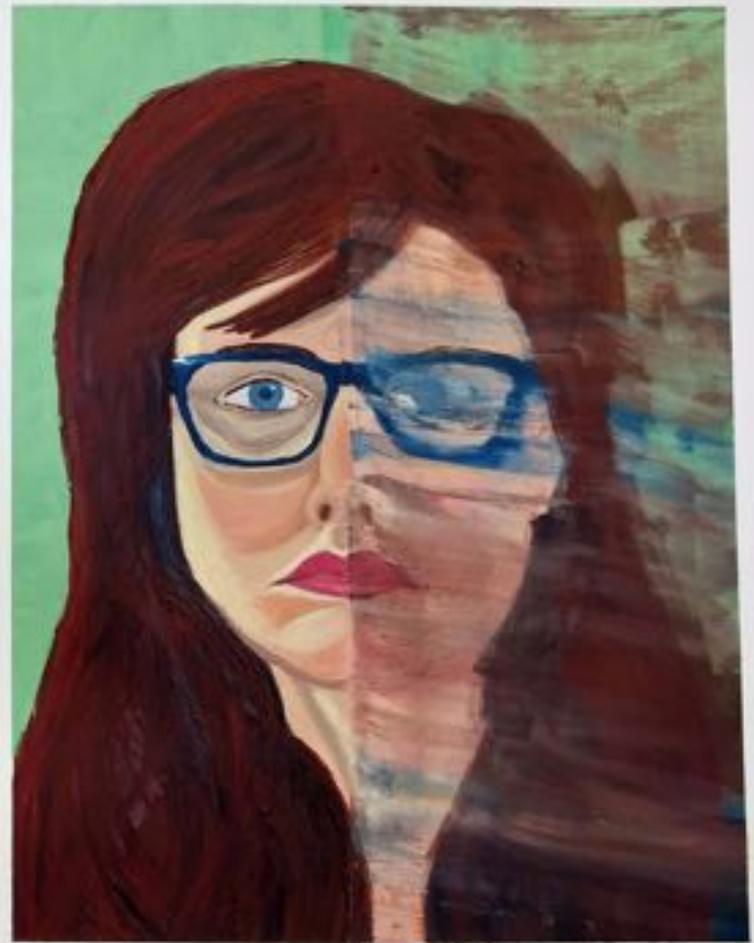
### Piece 2: You.

For your second piece, I would like you to represent yourself. This can be (again) literal... a self portrait(s) from life or photos, or the representation can be more abstract (a thing or things that feel very much like you). I don’t want this to be a straight self-portrait... we know what you look like! Put yourself in a place or situation, or dress/light/direct/act/pose/abstract etc etc. If you want to make a connection to the *Place* piece, do it! Your diptych does not have to be a continuous piece, nor in the same location. If a different size, why (what is that saying)?

Find a happy middle ground that goes beyond traditional portraiture, yet is not overly busy with attributions and stuff that is ‘you’. Answer: **who am I?**

## Student Work









Alessandra Sulpy

**“Driftless” Artist Statement**

22 moves, 8 states, and 33 years; this has been my transient life up until last year, when I found myself buying a house and settling down in Winona, MN. Excited but mystified by this concept of permanence, I began to look for reasons why this town so quickly felt like ‘home’ when I didn’t quite know what that meant.

Winona is a beautiful and charismatic town, but also wonderfully weird. It is historical, but lived-in. The town’s wealthy history has a strong presence on every block, and many gorgeous downtown buildings showcase Winona’s golden age. However, I also love the less glorified and nostalgic evidence of Winona’s past, especially places that have been awkwardly repurposed or forgotten. Downtown, a crumbling and forgotten former dance hall now houses rolls of discount carpet. Outside my office, there is a continually blinking box that alerts us to the phone status of employees who are decades retired... with no current phones connected. The town is an anachronism, a place where past and present coexist naturally with one another. Winona seems very comfortable with the way it exists; everything feels like it just belongs, and in turn, so do I.

With *Driftless*, I have created diptych panels that explore the relation between my interesting “new” town with what I consider ‘home’. My husband Sean and I had previously lived in Winona for a one-year job in 2013, and we often spoke about how much we wished to return. Through these paintings, I’m thinking about how I connect to people, places, and things - and what it means to belong somewhere.

*This activity is made possible by the voters of Minnesota through a grant from the Southeastern Minnesota Arts Council thanks to a legislative appropriation from the arts & culture heritage fund. Many, many thanks to SEMAC and their wonderful staff, to the RAC and Niki Havekost’s incredible patience, and to Winona State and my colleagues who understood when I would go incommunicado while in my studio.*

List of Works -  
Alessandra Sulpy

***Driftless***

***Uncertainty***

- 1a. Scene From the Winona Mall
- 1b. Should We Stay or Should We Go?

***Old / New School***

- 2a. Derelict Darkroom (30 Years Abandoned)
- 2b. Sarah's 'Home' Critique

***This Old House***

- 3a. A House Rots Around a 55-ton Boulder
- 3b. Fixer Upper

***Facsimiles***

- 4a. Bluff Country Landscape (in 1:87 scale)
- 4b. An Allegory of An Allegory With Venus and Cupid

***Ferns Redux***

- 5a. Back of the Mexican Joint (Fake Tree)
- 5b. PAC Stage Fern (Real Tree)

***Hidden Opulence***

- 6a. Banking Exotica
- 6b. I'm Here





